



PrenatalSafe®



 eurofins

Clinical Genetics

# NON-INVASIVE PRENATAL TESTING

## NIPT

Non-invasive prenatal testing (NIPT), since its introduction into clinical practice over 10 years ago, has contributed greatly to the area of prenatal diagnostics<sup>1</sup>. NIPT has established itself as a safe alternative to invasive investigations (i.e., amniocentesis and villocentesis), while ensuring high sensitivity by comparison to serological testing, e.g. Bi-Test.

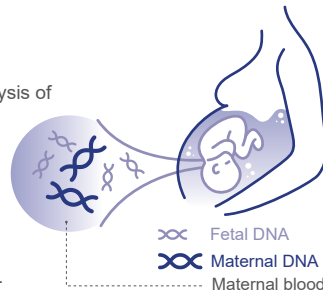


Recommended for **all pregnant women**

## HOW DOES NIPT WORK?

NIPT is a non-invasive test that allows the analysis of fetal genetic material with a simple blood sample from the mother.

The test can detect fetal DNA circulating in maternal blood and analyse this DNA to identify the presence of chromosomal abnormalities and genetic diseases in the fetus.

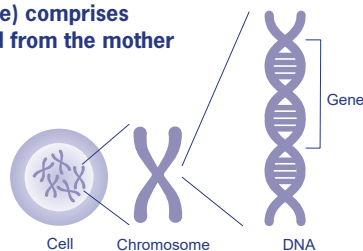


The amount of fetal DNA present in maternal blood increases throughout the pregnancy and is generally adequate for screening from week 10 of gestation. If the amount of fetal DNA in the sample is not adequate (determined during testing), it may be recommended that a new sample is obtained from the mother.

**The chromosome set (called a karyotype) comprises 23 pairs of chromosomes, half inherited from the mother and half from the father:**

- 22 pairs of non-sex chromosomes
- 1 pair of sex chromosomes

Chromosomes are formed from DNA. Some DNA segments are defined as GENES and provide the cell with the information required to perform its function.



Abnormalities in the process that leads to the formation of the embryo can cause different types of chromosomal alterations:

- Abnormalities in the **number** of chromosomes: ANEUPLOIDIES
- Abnormalities in the **structure** of CHROMOSOMES



Variations in the DNA sequence of the fetus, known as genetic mutations, may be inherited from the parents or occur for the first time in the fetus. These variations, depending on where they occur in the DNA sequence, can lead to different Genetic Diseases.

### Genetic Diseases

Several studies have shown that the frequency of genetic alterations increases with maternal age. Advanced paternal age has also been shown to be a risk factor.

# WHAT CAN BE INVESTIGATED WITH NIPT?

## 1) Abnormalities in the number of chromosomes (Aneuploidies)

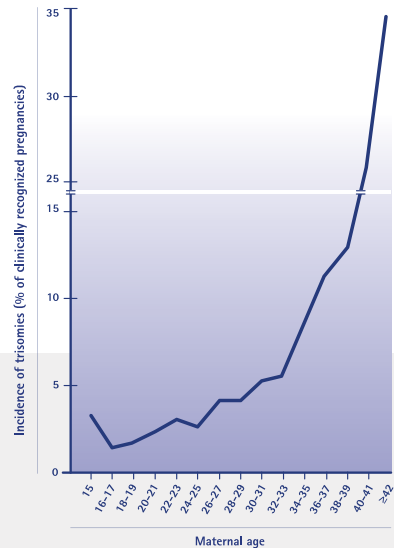
**TRISOMY:** three copies of a chromosome

**MONOSOMY:** single copy of a chromosome

### Common Aneuploidies<sup>2</sup>

- Trisomy of chromosome 21 (Down Syndrome): 1 in 700 births
- Trisomy of chromosome 18 (Edwards Syndrome): 1 in 3000 births
- Trisomy of chromosome 13 (Patau Syndrome): 1 in 6000 births

Incidence increases with increasing maternal age<sup>3</sup>.



## 2) Abnormalities in the structure of CHROMOSOMES

**DELETION:** loss of a chromosome segment

**DUPLICATION:** doubling of a chromosome segment

If these rearrangements are very small, they are called microdeletions and microduplications.

Microdeletion 22q11.3 is the most frequent microdeletion and is linked to DiGeorge syndrome, which has an incidence of 1 / 2000–4000 people, regardless of maternal age<sup>4</sup>.

## 3) Genetic DISEASES

**DE NOVO:** caused by DNA mutations that occur for the first time in the fetus

**HEREDITARY:** caused by mutations inherited from parents

It is important to test specifically for the possibility of being a **HEALTHY CARRIER\***.

\*A healthy carrier is an individual who can pass on a genetic mutation to their offspring, but is not affected by the mutation themselves

In Eurofins Clinical Genetics UK, we currently offer PrenatalSafe® 3 & 5. The laboratory has been established since 2022 in partnership with Eurofins Genoma who have over 20 years experience in genetic testing.

|                                       |  <b>PrenatalSafe® 3</b><br>(PNS3) |  <b>PrenatalSafe® 5</b><br>(PNS5) |
|---------------------------------------|--------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|
| <b>Fetal sex</b>                      | ●                                                                                                                  | ●                                                                                                                  |
| <b>Trisomy 21</b><br>Down Syndrome    | ●                                                                                                                  | ●                                                                                                                  |
| <b>Trisomy 18</b><br>Edwards Syndrome | ●                                                                                                                  | ●                                                                                                                  |
| <b>Trisomy 13</b><br>Patau Syndrome   | ●                                                                                                                  | ●                                                                                                                  |
| <b>Sex Chromosome Aneuploidies</b>    |                                                                                                                    | ●                                                                                                                  |



## WHO IS IT FOR?

Any expectant mother, single or twin pregnancies, conceived either through natural conception or medically assisted reproductive technologies, whether autologous or heterologous.



## Reporting times:

**2-5 days**

- PNS3 is available for singleton and twin pregnancies.
- PNS5 only available for singleton pregnancies.
- Fetal sex determination in twin pregnancies only detects presence or absence of Y chromosome.

## Extended Testing Range

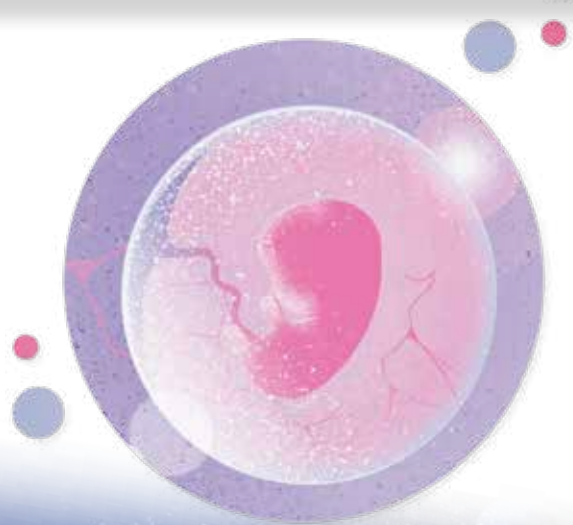
Through our partners Eurofins Genoma Italy we are able to offer the comprehensive range of PrenatalSafe® testing options. In the below table you can see that these additional options cover everything from the addition of DiGeorge screening test up to full Carrier Screening. For more information on these options please email [geneticenquiriesuk@ctuk.eurofins.com](mailto:geneticenquiriesuk@ctuk.eurofins.com).

| PrenatalSafe®               | Tested in Eurofins Genoma Italy |          |       |            |          |               |           |
|-----------------------------|---------------------------------|----------|-------|------------|----------|---------------|-----------|
|                             | 5DiGeorge                       | Plus     | Karyo | Karyo Plus | Complete | Complete Plus | Full Risk |
| Fetal sex                   | ●                               | ●        | ●     | ●          | ●        | ●             | ●         |
| Trisomy 21 Down Syndrome    | ●                               | ●        | ●     | ●          | ●        | ●             | ●         |
| Trisomy 18 Edwards Syndrome | ●                               | ●        | ●     | ●          | ●        | ●             | ●         |
| Trisomy 13 Patau Syndrome   | ●                               | ●        | ●     | ●          | ●        | ●             | ●         |
| Sex Chromosome Aneuploidies | ●                               | ●        | ●     | ●          | ●        | ●             | ●         |
| Rare Autosomal Aneuploidies |                                 | 9 and 16 | ●     | ●          | ●        | ●             | ●         |
| Deletions and Duplications  |                                 |          | ●     | ●          | ●        | ●             | ●         |
| Microdeletions              | 22q11.2                         | ●        |       | ●          |          | ●             | ●         |
| Inherited genetic diseases  |                                 |          |       |            | ●        | ●             | ●         |
| De novo Genetic diseases    |                                 |          |       |            | ●        | ●             | ●         |
| Carrier screening test*     |                                 |          |       |            |          |               | ●         |

### Reporting times:

**10-15 days**  
gene analysis

**15-20 days**  
carrier testing on parents



## Microdeletions:

|                         | Microdeletion Syndromes                                                                                                                                       | Chromosome regions                                                                          |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| PrenataSafe® 5DiGeorge  | DiGeorge Syndrome                                                                                                                                             | deletion 22q11.2                                                                            |
| PrenataSafe® Plus       | includes PrenataSafe® 5DiGeorge +<br>Cri-du-chat Syndrome<br>Prader-Willi Syndrome<br>Angelman Syndrome<br>1p36 Deletion Syndrome<br>Wolf-Hirschhorn Syndrome | deletion 5p15.3<br>deletion 15q11.2<br>deletion 15q11.2<br>deletion 1p36<br>deletion 4p16.3 |
| PrenataSafe® Karyo Plus | includes PrenataSafe® Plus +<br>Jacobsen Syndrome<br>Langer-Giedion Syndrome<br>Smith-Magenis Syndrome                                                        | deletion 11q23<br>deletion 8q24.11-q24.13<br>deletion 17p11.2                               |

## Inherited genetic diseases:

- CFTR Cystic Fibrosis
- CX26 (GJB2) Deafness Autosomal Recessive Type 1A
- CX30 (GJB6) Deafness Autosomal Recessive Type 1B
- HBB Beta Thalassemia
- HBB Sickle Cell Anemia

## De novo genetic diseases:

| Syndromic Disorders                                                                  |        | Skeletal Disorders                                                             |        |
|--------------------------------------------------------------------------------------|--------|--------------------------------------------------------------------------------|--------|
| Alagille Syndrome                                                                    | JAG1   | Achondrogenesis, type II                                                       | COL2A1 |
| CHARGE Syndrome                                                                      | CHD7   | Achondroplasia                                                                 | FGFR3  |
| Cornelia de Lange Syndrome, type 5                                                   | HDAC8  | CATSHL Syndrome                                                                |        |
| Cornelia de Lange Syndrome, type 1                                                   | NIPBL  | Crouzon syndrome with acanthosis nigricans                                     |        |
| Rett Syndrome                                                                        | MECP2  | Hypochondroplasia                                                              |        |
| Sotos Syndrome, type 1                                                               | NSD1   | Muenke syndrome                                                                |        |
| Bohring-Opitz Syndrome                                                               | ASXL1  | Thanatophoric dysplasia, type I                                                | COL1A1 |
| Schinz-el-Giedion Syndrome                                                           | SETBP1 | Thanatophoric dysplasia, type II                                               |        |
| Holoprosencephaly                                                                    | SIX3   | Ehlers-Danlos syndrome, classic                                                |        |
| Noonan Spectrum Disorders                                                            |        | Ehlers-Danlossyndrome, type VIIA                                               |        |
| Cardiofaciocutaneous Syndrome, type 1                                                | BRAF   | Osteogenesis imperfecta, type I                                                |        |
| Noonan Syndrome-like disorder with or without juvenile myelomonocytic leukemia (NSL) | CBL    | Osteogenesis imperfecta, type II                                               | COL1A2 |
| Noonan Syndrome, type 3                                                              | KRAS   | Osteogenesis imperfecta, type III                                              |        |
| Cardiofaciocutaneous Syndrome 3                                                      | MAP2K1 | Osteogenesis imperfecta, type IV                                               |        |
| Cardiofaciocutaneous Syndrome 4                                                      | MAP2K2 | Ehlers-Danlos Syndrome cardiac valvular form                                   |        |
| Noonan Syndrome, type 6                                                              | NRAS   | Ehlers-Danlos, type VIIB Syndrome                                              |        |
| Noonan Syndrome, type 1 LEOPARD Syndrome 1                                           | PTPN11 | Osteogenesis imperfecta, type II                                               | FGFR2  |
| Noonan syndrome, type 5 LEOPARD Syndrome 2                                           | RAF1   | Osteogenesis imperfecta, type III                                              |        |
| Noonan syndrome, type 8                                                              | RIT1   | Osteogenesis imperfecta, type IV                                               |        |
| Noonan syndrome-like disorder with loose anagen hair                                 | SHOC2  | Antley-Bixler syndrome without genital anomalies or disordered steroidogenesis |        |
| Noonan syndrome, type 4                                                              | SOS1   | Apert Syndrome                                                                 |        |
|                                                                                      |        | Crouzon Syndrome                                                               |        |
|                                                                                      |        | Jackson-Weiss Syndrome                                                         |        |
|                                                                                      |        | Pfeiffer Syndrome, type 1                                                      |        |
|                                                                                      |        | Pfeiffer Syndrome, type 2                                                      |        |
|                                                                                      |        | Pfeiffer Syndrome, type 3                                                      |        |

LATEST GENERATION CE-IVD TECHNOLOGY



PROPRIETARY CE-IVD NIPT FLOW™ ALGORITHM

**Sensitivity and specificity > 99%  
demonstrated on 71,740 pregnancies**

|  | Sensitivity (95% CI) | Specificity (95% CI) |
|--|----------------------|----------------------|
|--|----------------------|----------------------|

### Common Aneuploidies

|            |                             |                              |
|------------|-----------------------------|------------------------------|
| Trisomy 21 | 99.54%<br>(98.36% - 99.94%) | 100%<br>(96.11% - 100.00%)   |
| Trisomy 18 | 100%<br>(96.11% - 100.00%)  | 100%<br>(99.99% - 100.00%)   |
| Trisomy 13 | 100%<br>(90.51% - 100.00%)  | 99.99%<br>(99.98% - 100.00%) |

**Validation on a large sample cohort** (Eurofins Genoma)

- Analysis of over 70,000 samples for common aneuploidies (trisomies)
- Over 65,000 samples for sex chromosome aneuploidies
- Over 40,000 samples for other abnormalities

### Sex Chromosome Aneuploidies

|     |                             |                              |
|-----|-----------------------------|------------------------------|
| X0  | 98.11%<br>(89.93% - 99.95%) | 99.98%<br>(99.97% - 99.99%)  |
| XXX | 100%<br>(87.23% - 100.00%)  | 100%<br>(99.99% - 100.00%)   |
| XXY | 100%<br>(86.77% - 100.00%)  | 99.99%<br>(99.99% - 100.00%) |
| XYY | 100%<br>(86.77% - 100.00%)  | 99.99%<br>(99.99% - 100.00%) |

**Reliability on all abnormalities**

almost comparable to invasive investigation

### Rare Autosomal Aneuploidies, Deletions, Duplications and Microdeletions

|                             |                             |                              |
|-----------------------------|-----------------------------|------------------------------|
| Rare Autosomal Aneuploidies | 100%<br>(89.42% - 100.00%)  | 99.92%<br>(99.89% - 99.95%)  |
| Deletions and Duplications  | 100%<br>(83.16% - 100.00%)  | 99.97%<br>(99.96% - 99.99%)  |
| Microdeletions              | 83.33%<br>(35.88% - 99.58%) | 99.99%<br>(99.99% - 100.00%) |

**Validation of rare Autosomal Aneuploidies (RAA), segmental abnormalities (deletions and duplications) and microdeletions was performed at Eurofins Genoma.**

## Precision Genetic Testing

## Improving Clinical Practice

PrenatalSafe®, combined with an accurate ultrasound investigation, allows early identification of fetal abnormalities.



Customer care available at any time on the path, from counselling to reporting



Logistics authorised for transporting biological material UN3373



Sample traceability



eurofins

Clinical Genetics

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#### Bibliography

1. Non invasive prenatal testing (NIPT) for common aneuploidies and beyond. Eur J Obstet Gynecol Reprod Biol 2021 Mar;258:424-429
2. Screening for Fetal Chromosomal Abnormalities. ACOG Practice Bulletin, Number 226. Obstetrics & Gynecology: October 2020 - Volume 136 - Issue 4 - p e48-e69
3. To err (meiotically) is human: the genesis of human aneuploidy. Nature Reviews Genetics volume 2, pages280–291 (2001)
4. Cell-free DNA screening for prenatal detection of 22q11.2 deletion syndrome. Maternal and Fetal Medicine, held virtually, January 25–30, 2021

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#### Eurofins Genoma

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